

Guidelines for Good Health

*Take time to treat yourself at this free seminar! Navigate through the new women's health recommendations and how they apply to you.
Everyone is welcome at this free event.*

Seminar details:

- August 12th, 6:00 to 8:00 p.m.
- Kaley Auditorium
West Valley Medical Center,
1717 Arlington Ave. in Caldwell
- Prize drawings include spa package,
massage session, mammogram screening
- Refreshments will be provided.



Keynote speaker:

Michael J. Robinson, MD,
is a Board-Certified OB/
GYN physician with
OB/GYN Associates, PA



For more information or to RSVP, call

455-3981

Not Bigger. Just Better.

 **WEST VALLEY
MEDICAL CENTER**